

# Ability Bow Referral Form

**FAILURE TO COMPLETE ALL INFORMATION WILL DELAY REFERRAL**

Date of  
referral:

Database ID  
(Office use only):

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**Patient Details:**

First name

Last name

Address

Local  
Authority

Date of Birth

Home  
telephone No:

Mobile No:

Email address:

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**The following field is optional**

**Gender:**

- ☐ Male  
☐ Female  
☐ Prefer not to say / Other

**Sexuality:**

- ☐ Gay  
☐ Lesbian  
☐ Heterosexual  
☐ Prefer not to say  
/ Other

**Ethnic group:**

**Religion:**

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**Next of Kin:**

Name:

Address:

Telephone No:

Relationship to  
patient:

**Current GP:**

Initial:	<input type="text"/>	Surname:	<input type="text"/>
Surgery	<input type="text"/>		
Address:	<input type="text"/>		
Telephone No:	<input type="text"/>	Fax:	<input type="text"/>
Email:	<input type="text"/>		

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**Type of referral:**

☐ GP ☐ Other Professional

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**Referring GP:**

As above listed current GP ☐ Yes ☐ No ( Please fill in the below)

Initial:	<input type="text"/>	Surname:	<input type="text"/>
Surgery	<input type="text"/>		
Address:	<input type="text"/>		
Telephone No:	<input type="text"/>	Fax:	<input type="text"/>
Email:	<input type="text"/>		

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**Consenting GP** (If different from referring GP, please complete GP consent form)

Initial:	<input type="text"/>	Surname:	<input type="text"/>
Surgery	<input type="text"/>		
Address:	<input type="text"/>		
Telephone No:	<input type="text"/>	Fax:	<input type="text"/>
Email:	<input type="text"/>		

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**Referring Other Professional** (Please complete GP consent form)

First name:	<input type="text"/>	Surname:	<input type="text"/>
Practice/ Service	<input type="text"/>		
Address:	<input type="text"/>		
Telephone No:	<input type="text"/>	Fax:	<input type="text"/>
Email:	<input type="text"/>		

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**Main reason for attending:** (Please state one reason only)

**Current medication:**

<input type="checkbox"/> Alpha Blockers	<input type="checkbox"/> ACE Inhibitors
<input type="checkbox"/> Angio Tension Antagonists	<input type="checkbox"/> Anti-coagulants
<input type="checkbox"/> Beta Blockers	<input type="checkbox"/> Calcium Channel Blockers
<input type="checkbox"/> Dioxin/Amiodarone	<input type="checkbox"/> Diuretics
<input type="checkbox"/> Nitrates	<input type="checkbox"/> Potassium Channel Activators
<input type="checkbox"/> None	
<input type="checkbox"/> Other (Please state)	<input type="text"/>

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**Sensory disability:**

<input type="checkbox"/> Cognitive	<input type="checkbox"/> Hearing	<input type="checkbox"/> Learning
<input type="checkbox"/> Speech	<input type="checkbox"/> Visual	<input type="checkbox"/> None

**Special equipment:**

<input type="checkbox"/> Mobility Aid	<input type="checkbox"/> Walking Stick
<input type="checkbox"/> Wheelchair	<input type="checkbox"/> None
<input type="checkbox"/> Other	<input type="text"/>

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**Main health condition:**

**Secondary health condition:**

<input type="checkbox"/> Cerebral Palsy	<input type="checkbox"/> CHD	<input type="checkbox"/> Chronic Back
<input type="checkbox"/> COPD/Asthma	<input type="checkbox"/> CVA	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Head Injury	<input type="checkbox"/> Joint Problems	<input type="checkbox"/> Mental Illness
<input type="checkbox"/> MS	<input type="checkbox"/> Muscular Atrophy	<input type="checkbox"/> Neurological Disease
<input type="checkbox"/> Obesity	<input type="checkbox"/> Parkinson's Disease	<input type="checkbox"/> Spinal Injury
<input type="checkbox"/> Inactive		
<input type="checkbox"/> Other (please State)	<input type="text"/>	

**History of present condition:**

Signature of  
referrer:

Date:

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**Please return a completed referral form and send to:**

**Email:** reception@abilitybow.org

Alternatively you may post to:

**Ability Bow**

St Paul's Church  
St Stephen's Road  
London  
E3 5JL

**Tel:** 0208 980 7778

**Website:** www.abilitybow.org

Ability Bow is a registered charity: Number: **1115595**

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**Office use only:**

**Date referral received:**

**Date patient contacted**

**Outcome of  
Referral:**

- ☐ Waiting list  
☐ Assessment offered  
☐ Inappropriate  
☐ No contact from patient

**Status:**

- ☐ Active  
☐ Inactive

**ONLY TO BE USED IF CURRENT  
GP IS NOT THE REFERRER**

**FOR EXAMPLE WHEN  
REFERRED BY ANOTHER  
HEALTH PROFESSIONAL**

*Ability Bow*

*St. Paul's Church*

*St. Stephen's Road, Bow, London, E3 5JL*

*Telephone: 020 8980 7778*

*Fax: 020 8980 0344*

*Email: referrals @abilitybow.org*

*Website: www.abilitybow.org*

Dear Dr \_\_\_\_\_

Your patient \_\_\_\_\_ has been referred to Ability Bow gym

by \_\_\_\_\_ to take part in supervised exercise sessions upon which they will be instructed by a qualified Level III Fitness Instructor.

For the safety of our clients, it is the policy of Ability Bow to obtain permission from their GP before the client commences their exercise program.

Kindly please complete the section below and return to Ability Bow via email or fax.

Thank you for your time.

Yours Sincerely

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I consider \_\_\_\_\_ to have medical conditions that exclude him/her from exercise.

I consider \_\_\_\_\_ to have NO medical conditions to exclude him/her from exercise.

Comments:

Client Name \_\_\_\_\_

Client Signature \_\_\_\_\_

GP's name: \_\_\_\_\_

GP's Signature \_\_\_\_\_

Date: \_\_\_\_\_